



Spring Wish List



RMHC
of the Capital Region

Individual Snacks & Beverages

Oatmeal Cups
Healthy Cereal Cups
Mac and Cheese Cups
Mixed Fruit Cups
Jello/Pudding Cups
Belvita Breakfast Biscuits
Mini Muffin Packs
Muffin Mixes
Nut & Trail Mix Packs
Peanut butter/Cheese Crackers

Chips
Pretzels
Poptarts
Microwave Popcorn
Rice Krispie Treats
Slim Jims
Peanut Butter
Jelly
Syrup
Ketchup

Mayonnaise
Cream Cheese
Fresh Fruit: Bananas, Oranges, Apples
Canned Solid White Tuna
Canned White Meat Chicken
K-Cup Coffee Pods
Water (6-12 oz bottles)
100% Juice Boxes & Capri Sun
Lemonade, Seltzer, Sprite, and
Coke (12 oz. cans)
Powerade (12 oz bottles)

Household Items

Paper Plates
Paper Towels
Toilet Paper
Napkins
Individually Wrapped Spoons
Individually Wrapped Forks
Ziploc bags - Gallon
Pillows
Dishwashing Liquid
Aluminum Foil
Travel Size Shaving Gel/Foam

Gift Cards

Hannaford
Price Chopper
Stewart's Shops
Target
Walmart
Gas Cards
Lowe's/Home Depot
Panera
Chipotle
Domino's
Subway
Billy Beez
Regal Movie Passes

Toys & Activities

Preemie Gerber Socks
Preemie Receiving Blankets
Small Packs of Legos
Colored Pencils + Sketch Pads
Adult Activity/Coloring Books
Hot Wheels Cars
Stickers
Sand Art
Slime Craft Kits
Markers
Bubbles



Wish List items can be dropped off in person or order and ship needed items directly from Amazon to
Ronald McDonald House Charities, 139 S. Lake Avenue, Albany, NY 12208