

Help Stop the Spread of Germs

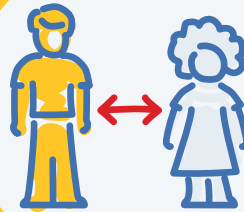


WEAR A MASK
at all times in public areas.

WASH YOUR HANDS
with soap & water for at least 20 seconds and use hand sanitizer regularly.



AVOID TOUCHING
your eyes, nose
and mouth.



Maintain
PHYSICAL DISTANCE
of at least 6 feet / 1.8 meters.



If you feel sick, please report your symptoms to a Family Services Manager immediately.

Do you have one or more of these symptoms?

- fever higher than 99.5° F/37.5° C
- new cough or worsened chronic cough
- new loss of sense of smell or taste
- upper respiratory symptom (e.g. *shortness of breath*)
- GI symptom (e.g. *nausea, vomiting, diarrhea*)
- headache
- body aches
- fatigue



 **We are all in this together.**

Thank you for helping us keep everyone safe & healthy!



RMHC®