



Ronald McDonald
House Charities®
of the Capital Region

PULL TOGETHER

for children and families

RMHC® of the Capital Region collects aluminum soda can pull tabs and recycles them for revenue to provide services for families of seriously ill or injured children. Thousands of dollars are raised each year through this recycling effort!



Thank You For Picking Up The Tab!



PLEASE BRING PULL TABS TO:

**Ronald McDonald House Charities
of the Capital Region
139 S. Lake Avenue, Albany, NY 12208**

(518) 438-2655
rmhcofalbany.org

Do not mail tabs. It will cost more than we raise by recycling!