



Ronald McDonald
House Charities®
of the Capital Region

PULL TOGETHER

for children and families

RMHC® of the Capital Region recycles aluminum pull tabs and metal bottle caps for revenue to help provide services for families of seriously ill or injured children. Thousands of dollars are raised each year through this recycling effort!



Collect pull tabs and metal bottle caps from:

Soda cans • Glass bottles • Soup cans • Pet food cans • Tennis ball cans
Anything with a metal pull tab or bottle cap!



PLEASE BRING TABS TO:

**Ronald McDonald House Charities
of the Capital Region
139 S. Lake Avenue, Albany, NY 12208**

(518) 438-2655
rmhcofalbany.org

Do not mail tabs. It will cost more than we raise by recycling!