

RMHC BAKING GUIDELINES

Thank you for your interest in helping Ronald McDonald House families. Baked goods prepared by caring individuals and small groups are a welcomed and needed comfort for families residing at Ronald McDonald House and using the Ronald McDonald Family Room inside Albany Medical Center.

GETTING STARTED

Get a group of 1-5 volunteers, adults or age 16 & older together and call or email Tina to schedule a date.

EMAIL: TWoodward@RMHCofAlbany.org

PHONE: 518-438-2655

PLANNING WHAT YOU WILL BAKE

All food must be prepared and cooked on site unless it comes directly from a restaurant or commercial bakery.

Cookies, brownies, and muffins are always popular and store well. Please avoid or limit items that need refrigeration. Feel free to make healthier snacks like fruit or vegetable trays.

We can have up to 25 families residing at the House. You can make one or two batches of baked goods or several more. We ask that each volunteer in your group have a separate item to make so that each volunteer has a chance to participate fully.

WHAT TO BRING

Groups are required to provide the necessary ingredients for what they will be baking. We have kitchen baking equipment including measuring cups, bowls, and cookie sheets for you to use.

Please provide recipes with each baked good so that families can be aware of ingredients.

WHERE TO LEAVE THE BAKED GOODS

The baked goods can be left on the main island in the kitchen. You can also prepare a tray of baked goods to bring to the Ronald McDonald Family Room.

BE HEALTHY

For the safety of our children and parents, all visitors to our House must be at least 24 hours symptom free from illness including fever, cough, cold and viral symptoms.

All bakers must wash their hands prior to and during the baking process. Food safe gloves are available in the kitchen and are required for volunteers to wear when handling all food which is ready to eat.

CLEAN UP

Please be sure to wash all cooking utensils and dishes that you used. All utensils and small mixing bowls are required to be washed in the dishwasher, please thoroughly hand wash the remaining dirty dishes with hot water and dish soap. Dry and put away dishes that have been hand washed.

FOR CONSIDERATION

It is important to keep in mind that the families who you may see in the House while baking are presently experiencing a crisis in their life. Please be empathetic. Set a respectful mood while baking at the House. Feel free to invite family members to bake with you if it seems appropriate and are at least 16 years of age.

Please sign our Goods & Services Book located at the front desk before you leave.

Tours may be given upon request. Please ask a volunteer or staff member.

Thank you for your support!



RMHC
of the Capital Region

139 South Lake Avenue Albany, NY 12208

