

# RMHC BAKING GUIDELINES

Thank you for your interest in helping Ronald McDonald House families. Baked goods prepared by caring individuals and small groups are a welcomed and needed comfort for families residing at Ronald McDonald House and visiting the Ronald McDonald Family Room inside Albany Medical Center. Thank you for your support!

## GETTING STARTED

Get a group of 1-5 volunteers, 6 at the absolute maximum, together and call or email Meaghan or Tina to schedule a date.

EMAIL: MPinkowski@RMHCofAlbany.org

PHONE: 518-438-2655

## PLANNING WHAT YOU WILL BAKE

Cookies, brownies, and muffins are always popular. Please avoid or limit items that need refrigeration. Feel free to also make healthier snacks like fruit or veggie trays.

We can have up to 25 families residing at the House. We recommend that each person in your group bakes a separate item or your group can make batches of a specific item, that way each person is participating.

## WHAT TO BRING

Groups are required to provide the necessary ingredients for what they will be baking. We have kitchen baking equipment like measuring cups, bowls, and cookie sheets for you to use.

Please provide recipes by each baked good as well.

## WHERE TO LEAVE THE BAKED GOODS

The baked goods can be left on the main island in the kitchen. When possible, prepare a tray of goodies to bring to the Family Room inside Albany Medical Center. If a group member can deliver it, it will be sure to get to families right away. If you are unable to deliver it, we will send it over with a volunteer who is able to do so.

## CLEAN UP

Please be sure to wash all cooking utensils and dishes that you used. All utensils and small mixing bowls are required to be washed in the dishwasher, please thoroughly hand wash the remaining dirty dishes with hot water and dish soap. Dry and put away dishes that have been hand washed.

## BE HEALTHY!

For the safety of our children and parents, **ALL** visitors to our House **MUST** be healthy: free from fever, cough or colds, or stomach virus symptoms.

All food must be prepared and cooked on site unless it comes directly from a restaurant or commercial bakery.

All bakers must wash their hands prior to and during the baking process. Food safe gloves are available in the kitchen and are required for volunteers to wear when handling all ready to eat foods.

## FOR CONSIDERATION

It is important to keep in mind that the families who you may see in the House while baking are presently experiencing a crisis in their life. Please be empathetic. Set a respectful mood while baking at the House. Feel free to invite family members to bake with you if it seems appropriate.

Please sign our Goods & Services Book located at the front desk before you leave.

Tours may be given upon request. Please ask the volunteer or a staff member.



139 South Lake Avenue  
Albany, NY  
12208

